

## Gidget Perinatal Workforce Development Program Psychologists

**Gidget House Manly and Randwick**  
**(5 positions available each one day/week)**

Gidget Foundation Australia

Gidget Foundation Australia's (GFA) specialist perinatal (conception to one year postpartum) trainee clinicians provide a wide range of individual, couple and parent-infant therapies to women and their partners. In addition to pre-conception counselling, we offer services to those experiencing, or at risk of developing, perinatal depressive, anxiety and trauma or stressor-related disorders. Support is also provided to women and their partners who have experienced a pregnancy or childbirth-related loss, e.g. stillbirth, miscarriage or termination.

The service is delivered through Medicare's Better Access initiative and the remuneration for all clinicians is therefore the affiliated Medicare Rebate. The Foundation offers:

- Centralised appointment booking and management.
- Opportunity to specialise in perinatal mental health and early intervention.
- Supervision (group and individual) and professional development opportunities without cost.
- No rental or overheads contribution
- Client sourcing, administrative support and service promotion offered by GFA

### **The Position:**

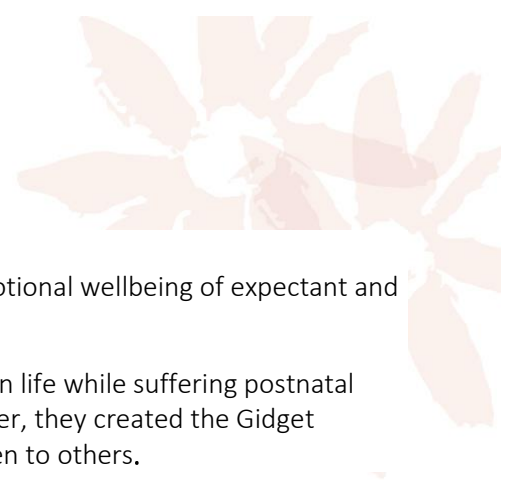
Due to increased demand for our service, we're looking for Clinical Psychologists or Registered Psychologists to deliver face to face psychological support at Gidget House Manly and Gidget House Randwick for an immediate start. As part of a workforce development initiative funded by the Australian Government, we will be providing training and supervision to clinicians who have some clinical experience but limited perinatal mental health experience and are looking to develop skills and experience in the field.

### **Expectations:**

- Compulsory attendance at two half day training workshops delivered virtually.
- Commitment to seeing a minimum of 5 clients a week.
- Compulsory attendance at GFA virtual group supervision (at least once a month) and training/workshops as scheduled.
- Compulsory attendance at training seminars (once every three weeks).
- Weekly supervision with the Workforce Training Leader.
- Ongoing commitment to continue employment with GFA for at least a half day per week for 12 months post the one-year development program.

### **Requirements:**

- Demonstrated proficiency in comprehensive psychological assessment and evidence-based therapy with mental health issues.
- AHPRA registration with endorsements in psychology.
- At least 2 years post-registration experience, desirable experience in child and family work, or trauma.
- Demonstrated ability to work within a recovery-oriented model, utilising a person/family centred approach.
- Demonstrated high level communication, interpersonal and problem-solving skills.
- Ability to work independently under approved professional supervision.
- Effective caseload management.



**The Foundation:**

Gidget Foundation Australia is a not-for-profit organisation that supports the emotional wellbeing of expectant and new parents.

“Gidget” was the nickname of a vibrant young mother who tragically took her own life while suffering postnatal depression. She hid her suffering from even her loving family and friends. Together, they created the Gidget Foundation Australia determined that what happened to Gidget would not happen to others.

**To Apply:**

Please submit your resume and cover letter to Peni Bailey at [peni.bailey@gidgetfoundation.org.au](mailto:peni.bailey@gidgetfoundation.org.au). Referees will be sought upon short list completion. Please contact Peni Bailey, Gidget Foundation Australia Gidget House and Start Talking Program Manager for further enquiries at [peni.bailey@gidgetfoundation.org.au](mailto:peni.bailey@gidgetfoundation.org.au) or on 0438 761 329.